

Free activities for children & young people

Playgroup

Term time only for children aged 2-5 years old, free places are available to eligible children 9.30am - 12.30pm, Ofsted graded a "good" setting. Our qualified and experienced Early Years staff provide a small educational setting where children can learn and develop through play.



Youth sessions

For young people aged 12 years and over with free refreshments provided.

Monday, Wednesday and Thursdays 6-8pm (times may change during school holidays)

What to expect

As well as the opportunity to make new friends you can join in activities such as our dj workshops, learn how to make a podcast, join the Duke of Edinburgh Award, get

first aid and mental health wellbeing training and take part in trips and residential activities throughout the year.

Holiday Activities

Holiday Activities are available during school holidays and include fun learning activities, arts and crafts, baking, sports, trips and much much more.

Our sessions are FREE to attend with FREE refreshments available.



Holiday activity sessions

Check out our free Easter and summer sessions on Manchester active! Alternatively drop in for more information or contact us via our contact details in this newsletter.

Girl's only sessions

every Friday 3.30-5.30. Come and join our girls only session for ages 10-16 years.

What to expect – a variety of activities to support well-being, these include first aid training, yoga, boxing, baking and arts and crafts as well as many more activities all free of charge in a safe and welcoming environment.

Play sessions

Monday-Thursday 3.45-5.45pm 5-13 year olds (free refreshments provided).



What to expect

Our sessions are packed with arts and crafts activities, indoor and outdoor play, play station games and team games, occasional trips out and visits to the local park.

Wellbeing programme for women

Anson Cabin Project recently secured funding from Manchester active to deliver a 12 week wellbeing programme for women from the local area, this is soon coming to an end but listen out for more opportunities that may be coming!

Saturday morning breakfast club

10.30-1.15 (free breakfast provided).

What to expect

Fun packed sessions with arts and crafts activities indoor and outdoor play, play station, games and team games, occasional trips and visits to the local park.

All sessions are delivered by qualified and experienced play and youth workers.

Anson Community shop

open each Thursday from 12pm at the community house providing low cost shopping and groceries. Call in for more information and to speak to a shop volunteer.



who we are & what do we do

The Anson Cabin Project is a registered charity, working with children and young people in one of the most disadvantaged areas of Manchester, for over 18 years .

Our grass roots project on the Anson estate brings children, young people and families from different communities together.

Together we create our own opportunities through early years play, open access play and youth sessions. Our facilities are unique in Manchester, operating from a specialized and fully inclusive porter cabin.

We challenge issues such as social exclusion, discrimination, hate crime, anti social behavior, mental health and well being as well as issues which affect people we work with - the evidence of our successes tackling these issues can be seen through our evaluations.

By delivering positive learning experiences and supporting children and young people, the majority of our young people are successful at getting into further education, training and employment.

We work with young people between ages 5 and 17 years old as well as their families and the wider community.

For up to date information regarding activities here at the anson cabin project please see our website www.ansoncabin.co.uk

The Anson Cabin Project is ran by a board of trustees all are volunteers who meet on a monthly basis, if you are interested in joining the Anson Cabin Project management committee (voluntary basis) please contact Julie Scott project manager DBS check will be carried out for anyone interested"

Contact us:

info@ansoncabin.co.uk
0161 248 5695
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Cabin

THE NEWSLETTER OF
THE ANSON CABIN PROJECT

ANNUAL NEWSLETTER
2026

Crazy



Our recent Ghyll Head residential

In March we took a residential to Ghyll Head Outdoor Education and Activity Centre



A young person's perspective:

The Cabin has given us all opportunities to play and learn.

At the youth sessions we have done many things over the past twelve months that were really enjoyable, like going for walks in the parks, DJ workshops, Ghyll Head residentials, games nights and playing sports such as volley ball and football.

We go on trips to the theatre, awards evenings, youth forums, and gain certificated in first aid training, mental health training and the Duke of Edinburgh awards.

Overall coming to the cabin is a great experience!

Young people's training

Hi my name is Daisy I recently attended the Street Doctors first aid training at the Cabin. The training helped us to understand how to deal with a knife crime incident.

I found the session informative and I learned that there are no safe places on the body to be stabbed. We have 8-10 litres of blood pumped around the body and the first thing you do in this type of incident is to call an ambulance. Then you need to elevate the victims legs to help pump the blood back to the victims main organs which are the heart, the brain and lungs.

I also learnt that you shouldn't apply something too tight like a cloth or bandage as this can cause more damage, but instead apply pressure.

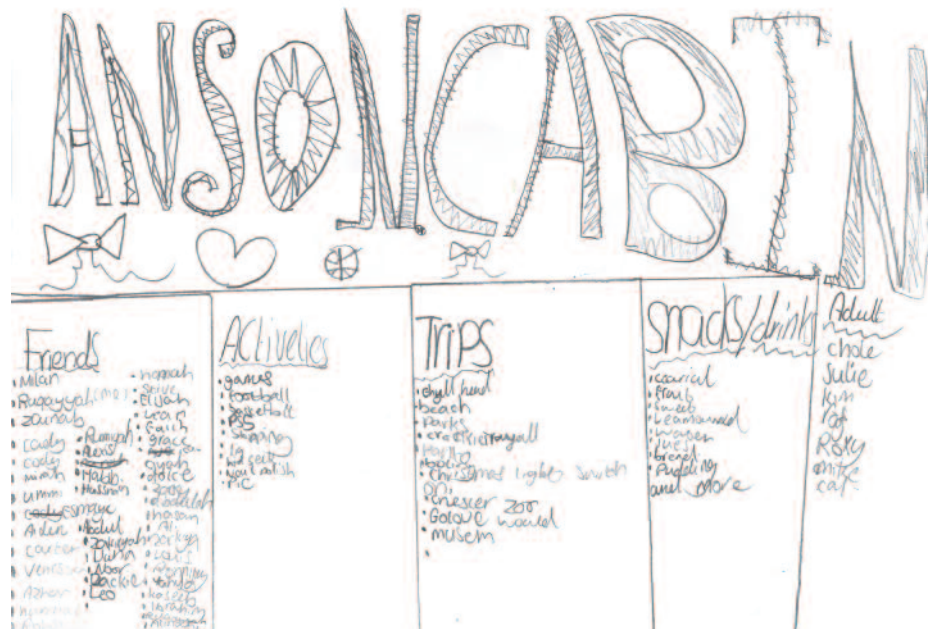


STREETDOCTORS
GIVES YOUNG PEOPLE THE SKILLS
AND CONFIDENCE TO SAVE LIVES.

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Some of our budding artists pictures...



Happy
Birthday
to us!

Interesting Fact! This year the Anson Cabin Project will be 25 years old, that's a quarter of a century or 9,131 days the cabin will have been open for from 1st December 2001 to 1st December 2026.

Through 2026 there will be lots of different things happening to celebrate our 25th birthday. Stay tuned!

Let's celebrate and make this
a year to remember.

